- What is the grace of God?
- Read these 3 verses and talk about how the doctrine of adoption is an expression of God's grace. **1John 3:1, John 1:12. Hebrews 4:16**
- What did Ben say can lead to a sense of overfamiliarity with God and His grace? What can lead us to forget it in our lives?
- Look at the following two attitudes. What are some examples of them creeping into our heart-attitude?
  - God owes me
  - God needs me
- How do we remind ourselves of God's grace?
- Read Eph. 2:1 Eph. 2:4 and Eph 1:4 How do these point to God's grace?
- Why does remembering our weakness help us to remember God's grace? How do we avoid a sense of wallowing whilst also remembering where we have come from?
- Ben went through a number of Old Testament stories, examples and prophesies which all pointed forward to Jesus and the grace He was to bring. What can you remember of any of these examples, or any others ones you know that come to mind. How does this help to remind us of grace and increase our faith?
- **Read Romans 5:1-8** go through the verses and pick out one or two things each which lead you to wonder and worship.
- You may like to break bread together as a group and lead into a time of worship to finish.